

By applying *selective compression* during knee motion, the **KneedIT**[®] helps decrease snapping of the soft tissues around the knee.

The **KneedIT** helps relieve pain and inflammation during activities that are tough on the knee, including volleyball, soccer, hiking, weight lifting, running, rollerblading, tennis, racquetball, etc. Also effective for knee pain frequently associated with Arthritis and Tendinitis.



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KneedIT Style #87 Made in U.S.A.

U.S. Patents 6077241, 5441058, 5642739, 3750960
Other U.S. Patents & Foreign Patents Pending

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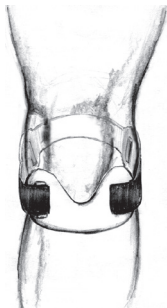
Instructions for Use



Designed by World Renowned
Orthopaedic Surgeon and
Sports Medicine Specialist,
Donald Fareed, M.D.



Place the **KneedIT**[®] Knee Strap on your leg so that the "V" notch of the **KneedIT** is just below the kneecap. The "V" notch should cradle the kneecap, as shown. Worn correctly, the **KneedIT** will help absorb shock to the tissues around the knee.



The **KneedIT** should be applied no tighter than is necessary to keep it comfortably in place at the knee.

Wear the **KneedIT** during all activities which normally cause knee discomfort.

Washing:

DO NOT MACHINE WASH OR DRY. Hand wash with water and mild soap. Compress pads and rinse thoroughly. With a towel, pat dry any excess water.

Caution:

For persistent pain, immediately contact your health care professional. If excessive moisture due to physical exertion builds under the **KneedIT**, either place a loose fabric sleeve under it or remove it after activity to allow skin and the **KneedIT** to dry. *DO NOT USE OVER OILS OR LOTIONS.*