

By applying *selective compression* during knee motion, the KneedIT XM helps decrease snapping of the soft tissues around the knee.

The KneedIT XM helps relieve pain and inflammation during activities that are tough on the knee, including volleyball, soccer, hiking, weight lifting, running, rollerblading, tennis, racquetball, etc. Also effective for knee pain frequently associated with Arthritis and Tendinitis.

KneedIT
XM

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KneedIT XM Style #86 Made in U.S.A.

U.S. Patents 6077241, 5441058, 5642739, 5865782, 3750960
Other U.S. Patents & Foreign Patents Pending

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Instructions for Use



Designed by World Renowned
Orthopaedic Surgeon and
Sports Medicine Specialist,
Donald Fareed, M.D.

KneedIT
XM[®]
From the makers of **BandIT**[®]

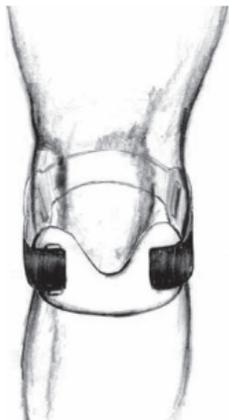
Place the **KneedIT XM**[®] knee strap on your leg so that the “V” notch of the **KneedIT XM** is just below the kneecap. The “V” notch should cradle the kneecap, as shown. Worn correctly, the

KneedIT XM

will help absorb shock to the tissues around the knee.

The **KneedIT XM** should be applied no tighter than is necessary to keep it comfortably in place at the knee.

Wear the **KneedIT XM** during all activities which normally cause knee discomfort.



PRECAUTION : Magnetic products should not be used if pregnant or if fitted with cardiac pacemakers and/or automatic internal defibrillators. Keep out of reach of magnetically stored data, i.e. computers, disks, credit cards, etc.

Washing:

DO NOT MACHINE WASH OR DRY. Hand wash with water and mild soap. Compress pads and rinse thoroughly. With a towel, pat dry any excess water.

Caution:

For persistent pain, immediately contact your health care professional. If excessive moisture due to physical exertion builds under the **KneedIT XM**, either place a loose fabric sleeve under it or remove it after activity to allow skin and the **KneedIT XM** to dry. *DO NOT USE OVER OILS OR LOTIONS. LATEX FREE*